

what's out addis

2021, November



THE WEEKND: PASSIONATE HUMANITARIAN

PASSIONATE SUPPORTER OF THE
UN'S WORLD FOOD PROGRAMME

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Dear Friends

Welcome to the November issue.

This month we profile Aziz Ahmed wildlife photographer and advocate for winning a great tourism award. Ride the Rift is a great program to see off the beaten track Ethiopia and help support struggling tourism. Fekat Circus has some wonderful activities for kids so be sure to check them out! Enjoy the freeway all the way to Ziway now making Lake Langano that much quicker to get to!

Have a great month.

Team What's Out

DON'T QUIT

When things no wrong as they sometimes will,
When the road you're trudging seems all up hill,
When the funds are low and the debts are high
And you want to smile, but you have to sigh,
When care is pressing you down a bit,
Rest if you must, but dOn't you quit.

Life is strange with its twists and turns
As every one of us sometimes learns
And many a failure comes about
When he might have won had he stuck it out;
Don't give up though the pace seems
slow—You may succeed with another blow.

Success is failure turned inside out—
The silver tint of the clouds of doubt,
And you never can tell just how close you are,
It may be near when it seems so far;
So stick to the fight when you're hardest hit—
It's when things seem worst that you must not quit.


For all the sad words of tongue or pen
The saddest are these: "It might have been!"
—John Greenleaf Whittier



THE WEEKND: PASSIONATE HUMANITARIAN.

The Weeknd is more famous for chart-topping hits, but he is also a passionate supporter of the UN's World Food Programme and has donated to the organisation's relief efforts in Ethiopia recently.

"The UN World Food Programme is doing urgent and important work to change and save lives on a daily basis and I feel passionately about addressing world hunger and helping people in need. Our partnership is an authentic extension of all our efforts and intentions to help those in need and bring an end to so much suffering," said Abel 'The Weeknd' Tesfaye. The Weeknd has been a passionate advocate and generous supporter of humanitarian causes throughout his career, with over \$3 million in donations to various organisations in the past year. Most recently, he donated \$1 million to the UN World Food Programme's relief efforts in Ethiopia following



months of deadly violence in northern Ethiopia. As the son of Ethiopian immigrants to Canada, the UN says the conflict deeply impacted him; and ultimately this moved him to deepen his relationship with the UN World Food Programme.

“Whether he is performing or speaking out about global hunger, The Weeknd’s voice is powerful and inspiring, only matched by his dedication to helping people around the globe,” said World Food Program USA President and CEO Barron Segar. “We are honoured that he has joined our mission. He will undoubtedly inspire the next generation of humanitarians in the fight to ensure no man, woman, or child goes to bed hungry.”

Source: www.newfoodmagazine.com

SUSTAIN- ABLE FASHION MADE IN ETHIOPIA

Sustainable fashion (also known as eco-fashion) is a movement and process of fostering change to fashion products and the fashion system towards greater

Sustainable fashion concerns more than just addressing fashion textiles or products. It addresses the entire manner in which clothing is produced, who produces it, and how long the life span of a product is before it reaches the landfill. Sustainable fashion encourages the use of locally produced, biodegradable fabrics which have little to no adverse effects on the environment. This sustainable movement combats the huge carbon footprint that fast fashion has created by reducing CO₂ and other greenhouse gas emissions.

Sustainable fashion deals with considering fashion from the perspective of a variety of stakeholders ranging from contemporary producers and consumers of clothes, to future producers and consumers. Sustainable fashion impacts more than just people, it plays a direct role in positively impacting the climate crisis by combatting fast fashion and its disastrous effects on pollution.



Sustainable fashion is the responsibility of citizens, the public sector, and the private sector. A key example of the need for systems thinking in fashion is that the benefits of product-level initiatives, such as replacing one fiber type for a less environmentally harmful option.

Here we feature one of Ethiopian brands that is a great example as an eco-fashion / sustainable fashion .
SOLEREBEL

Solerebel is creating world class footwear using Ethiopia's diverse sustainable materials and cultural arts, that are by their very nature "green" . By using natural cotton fibers and recycled tires Solerebel has become one of the most recognized sustainable brand Made in Ethiopia.

For more information please visit :
<https://www.solerebels.com/>

Source: wikipedia, www.solerebels.com
Photocredit: Sole Rebel Website

GREAT NEWS FOR ALL LANGANO LOVERS!

The Expressway from Addis is now open all the way to Ziway! The new extension is finally operative until Batu (Ziway) reducing the driving time to Langano to only 3 hours. Coming from Addis, 2km after the third exit to Modjo-Hawassa, there is a junction with the same name that links to new road.

Lake Langano has been a favorite Rest and Relaxation destination choice for residents and visitors to Ethiopia for decades. Ethiopia may be landlocked but Lake Langano is the easy choice for those seeking a beach vacation and offers the visitor a range of activities from just soaking up the sun and sunbathing whilst gazing at the serene lake, hiking up the cliffs around the landscape of the lake (possibly encountering monkeys baboons and warthogs) plus boating (canoeing or paddle boating) and water safaris (going in search of hippos). The area is also a unique paradise for Bird Watchers with a wonderful selection of colourful birds – beautiful to look at and to listen to.

Langano is 200 kilometres from Addis and Lake Langano is 18 kilometers long and 16 km wide, with a surface area of 230 square kilometers and a maximum depth of 46 meters. The lake is drained by the Hora Kallo River, which empties into the adjacent Lake Abijatta. A huge appeal for Langano is that unlike all other freshwater lakes in Ethiopia, Lake Langano is free of Bilharzia (schistosomiasis). The lake is brown in colour and certainly looks muddy and uninviting! However, the reason for the colour is due to the richness of minerals including high sulphur levels, which have led many to believe that the lake water has healing properties and the lake is often pleasantly warm.



The main lake side resort is Sabanna Beach Resort which remains a favorite for both couples and families with cosy chalets offering cliff top views of the lake and even some chalets with your own "private" beach.

For a more off the beaten track deep in the country location there is eco lodge Hara Lodge www.haralangano.com. Currently being transformed into a new Kuriftu resort location and coming soon the old Bekele Molla hotel is being renovated- the restaurant is currently open on week ends (check before you go though) and shortly will reopen as a resort: www.kurifturesorts.com/reserve/ Work on other new resorts including either side of Sabanna is also (slowly) underway.

Sabanna:

+251-461191181

+251-461191466

Email: info@sabanalangano.com

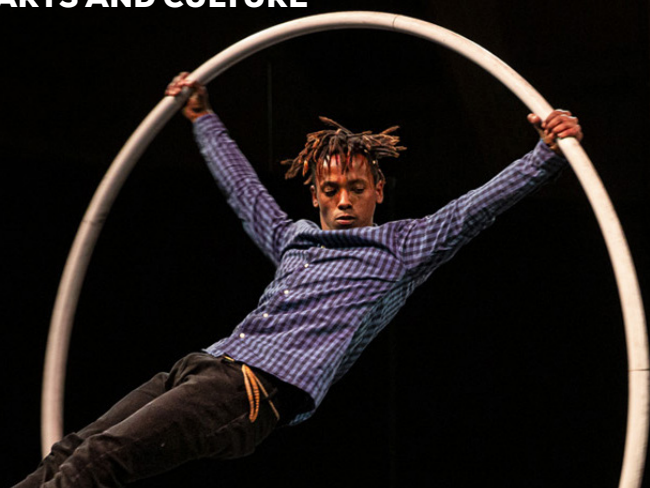
www.sabanalangano.com

Hara Lodge:

+251 (0) 912 661 009

+251 (0) 468 990 537

Email: info@haralangano.com



FEKAT CIRCUS

Introducing Children Into The Creative Circus World

Fekat Circus is one of the few independent creative/cultural spaces in the heart of Addis. It cultivates a new generation of creative minds and spreads positive emotions involving children of all backgrounds into the circus world. It is a circus troupe searching and staging artistic performances in Ethiopia and abroad. It is the organiser of the African Circus Arts Festival, capacity building, networking and exchange programmes for young circus performers and organisations, with the aim of developing the circus sector within Ethiopia and the African continent. At Fekat Circus they work with this premise in mind: the more people involved in circus, the better the world becomes, as circus is a powerful platform for positive transformation.

Fekat Circus School is a bouncing and colorful place, located in the historical centre of Piassa. The space vibrates with children and youngsters jumping, juggling, tumbling, and dancing. The main circus disciplines taught are acrobatics, balance acts (hand stand, ladder, rola-bola), Chinese pole, contortion, human pyramid, different juggling arts (balls, clubs, diabolo, hat, hula-hoop, ring, poas, etc.), and aerial arts. Fekat is thrilled to finally resume all-year-round CIRCUS SCHOOL FUN and very excited to announce the beginning of Fekat Circus Saturday Classes for KIDS starting from OCTOBER 9 for Kids age 5+.

<http://www.fekatcircus.com/>
+251 94 329 6089



TESFAHUN KIBRU

Tesfahun Kibru (40) is a painter, sculptor, and a mentor to others; he uses mixed media to create artistic works of art. He is especially well known for crafting amazing pieces of sculptures made from metal scraps as well as paintings that use rust as paint.

Coming soon he will be exhibiting at
At Fendika Cultural Center
from October 11- November 1, 2021
flow flow የፍላጎት ገዢ

“Wisdom, Nature, Knowledge, Gift Identity, Mystery.... What is it like to be on a journey? To know and understand the nature of living in the physical world as a human being is to accept and accept responsibility, if we believe in the sweetness and bitterness of a life that is beyond the reach of the imaginary. I also try to live by what I have learned and lived through it my own world of art. Interpretation: I describe my long life experience using a variety of materials as a breath of fresh air and I am inviting you to take a closer look at this exhibition. Honor my hope”.

Artist Tesfahun Kibru
From October 11- November 1, 2021
At Fendika Cultural Center



DEGNET HUMANITARIAN ORGANIZATION

Degnet Humanitarian Organisation is an indigenous, non-partisan, non-governmental and secular organization established in 2008 by a group of philanthropists and devoted Ethiopians.

The word Degnet means Kindness in English. Kindness is defined as the strength to do good for others. Kindness is considered an inner desire that makes us want to do good things, even if we do not get anything in return. It is the Joy we receive that drives these simple acts. When we perform acts of kindness, driven solely by an insatiable desire to love one another, there is kindness in everything we think, say and do.

Degnet believes that by helping children to grow intellectually, physically, emotionally, and socially as they gain an education and discover their talents and by giving them the tools to take control of their own futures, that they will grow up and be equipped to change their world. Degnet nurtures the children in the skills and qualities they need to be successful in school and in life.

Degnet Humanitarian Organisation was established with the recognition to improve the quality of life of disadvantaged children through holistic education, nutrition, healthcare, love and emotional stability.

At present, the organisation is operational in Kirkos sub city in all the Weredas. There are 350 beneficiaries among which 52 are identified as the most needy children, 52 foster parents, 30 youth groups and 216 outreach students.

For further information and how to support
Contact:

Abiy Getachew, Executive Director

Tel: +251-911-619483; 0912603316

Email: abiygtm@yahoo.com dhokirkos@gmail.com

<https://www.facebook.com/degnethumanitarian>

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AND
HYBRID
MEETING
SOLUTIONS

Radisson Blu Hotel Addis Ababa brings you virtual, hybrid multi-site meeting solutions! We promise flawless execution, no audio problems or video hiccups, or log-in issues. Safety protocol in partnership with SGS.

Call now to book your next meeting:
+251 115 170400

RIDE THE RIFT: NOVEMBER 2021 TOURS

Northern Explorer Trek 6 to 13 November 2021 On the Northern Explorer Trek you will see the UNESCO World Heritage sites of Lalibela, with its labyrinth of 12th-century rock-hewn churches; the castles of Gondar built by Ethiopian emperors in the 17th and 18th centuries; the stunning Simien Mountains with its unique wildlife.

Rift Valley Explorer Tour 15 to 19 November 2021 This tour neatly connects the Run and Bike ride taking you along Ethiopia's chain of Rift Valley lakes to Ethiopia's coffee heartland in the Sidama region. Here you can dive into local culture while visiting local coffee farms and enjoy sampling coffee in an authentic Ethiopian coffee ceremony. At Lake Langano you can bathe among hippos and water birds including Lesser Flamingos. The Rift Valley shows you a vast array of scenery and landscapes with a range of wildlife.

Ankober Charity Challenge 19 to 21 November 2021 On our Outdoor Adventure Weekend in Ankober we take you cycling along the Rift Valley escarpment in breathtaking mountain scenery. This ends with the charity bike ride raising money for local guides and cooks who have had no income due to the impact of COVID19.

Northern Explorer Tour 22 to 29 November 2021 On this lodging tour you will see the UNESCO World Heritage sites of Lalibela, with its labyrinth of 12th-century rock-hewn churches; the castles of Gondar built by Ethiopian emperors in the 17th and 18th centuries; the stunning Simien Mountains with its unique wildlife; and the tropical Lake Tana with a relaxing place to stay on its northern lake shore.

Contact us at ridetherift2020@gmail.com

Mark Chapman
Tesfa Tours
Experience the Real Ethiopia.
+251 921602236
www.tesfatours.com

**AMERICAN
STYLE/
CASUAL DINING**

ANGLA BURGER

091-206-0505
Morning Star Mall
1st floor, next to
Edna Mall Behind
BostonDay Spa
Known for: Fast
Food and Burgers
7 days a week

BAKE & BREW

0118359698
Bole - Next to
Sheger House
Alem DesuBuilding
Known for:
American and
Weekend Brunch 7
days a week

BURGER SHACK

093-215-5531
Around Wosen loki
Kidus Michael
Buildign 1st floor
Known for: Burgers
closed wednesday

G - BURGER

+25184706001
Behind Sheger
building
Known for thir
Burgers

**INDIANA SPUR
STEAK
RANCHES**

+251984222222
+251118224045
Abyssinia Plaza,
Bole
MedhaneAlem
Known for:
steak,Mexican,
Ribs,Burger,
Chickenwings,
Wraps,Sandwiches,
saladswith Spur
sauces, varieties
ofdeserts, varieties
ofhot and cold
beverages, variety
of alcohol drinks,
Separate Kids
menu. 7 days a
week

**KELI'S GOURMET
BURGER**

098 700 6136
Around ECA
Kazanichis
Next to IOM
7 days a week

**LEMON BAR &
GRILL**

(Golden Tulip
Addis Ababa)
+251 11 617 0740
Ext: 1405
Cameron Street,
Bole Medhaniallem
Church Area
Known for:Roasted
Chicken, Pizza,
Burgers, and
Sandwiches 7 days
a week

OPIUM ADDIS

+251983341261
Bole in front of
Desalgn Hotel
Rakan Buildign
Ground Known for:
Tex-Mex 7 days a
week

**PARKDALE
BURGER**

093 975 7575
Bole Rd | behind
DH Geda Tower
Known for: Fast
Food, Grills
7 days a week

**RODEO BAR AND
RESTAURANT**

0911246320
0911212103
Bole opposite
Shoa
Supermarket
Known for: BBQ
and Burgers
Closed Sun

ROOMIE BURGER

0115504727
Piassa Churchil
Area
Known for: Burgers
and Pizzas (24/7)
7 days a week

SAVOR ADDIS

011 667 0656
Bole Atlas, behind
2000 Habesha
Restaurant
Known for: Wood
Fired Pizzas,
Grilled
Burgers and
homemade pasta
plus Sunday
Brunch
7 days a week

SISHU

092-006-1063 /
093-003-4150
Opposite
Kera,behind
Worke's Promise
Building. Known
for: Burgers and
desserts
Closed Mon

ASIAN

FOUR SEASONS

091-354-9750
6th Floor,
Known for:
Japanese Food
Sunday Dinner
Only 7 days a week

**CHINA BAR &
RESTAURANT**

011-551-3772
Next to Ghion
Hotel Known for:
Being one
Of the oldest
restaurant in addis
7 days a week

**SAKURA
JAPANESE
RESTAURANT**

0911057030 /
0984873551
Around Rwanda
Embassy Known
for:
Japanese Food
Monday - Saturday
7 days a week

**GANGNAM
BEST KOREAN
RESTAURANT**

0939117538/
0944166490
Middle of
Rd.Bolehoes
Known for
Kimchi,Korean
style chicken
Tuesday
Sunday(6days a
week)

**THE ORIENTAL
(HYATT REGENCY
HOTEL)**

251 115 17 1234
Known for:
Western BBQ,
Asian bites

BRAZILIAN

FOGO NO CHAO

(Ramada Addis)
011 6393939
Bole Road/10th
floor
Known for:
Brazilian
Churrascaria and
rich
vegetarian option
7 days a week

CAFE

BILO'S PASTRY

0960403052
locations Lancha;
Arat Kilo; Gurd
Shola; Old
Airport
Known for:
Delicious
cakes
7 days a week

BOLE MINI

0116639898
Near airport end of
Bole Road
Known for:
Burgers,
fresh fruit juice,
waffles & donuts
and
homemade dabo
colo
7 days a week

**BUNATERA MULTI
ROASTER COFFEE
SHOP**

0118546018
0923570449/0974
053030
Olompia around
greek school or
around bole shewa
dabo or Wello
sefer at
nigus boutique
hotel
Known for: multi
roaster coffee shop
7 days a week

**CUPCAKE
DELIGHTS
BAKERY**

+251 91 262 5271
Bole - opposite
Beer
Garden
Known for:

CUPCAKE

Delights Bakery
+251 978020270
091 121 4645
Bole - opposite
Harmony Hotel
Known for:
Breakfast/Brunch,

CUPCAKES

7 days a week
Cremino café
094 406 3338
Bole side of
friendship
supermarket
Tropical mall
Ground floor
7 days a week

RESTAURANT

ENRICO'S PASTRY

(One of the Oldest Pastry Shop Cafes in Addis)

011 557-1490
Off Churchill Road
Known for: Millefeuille and cream puffs
7 days a week

GALANI CAFE

0911 200186/011 645-6008
Around CMC next to Jacross inside the MOPLACO coffee factory
Known for: Coffee, Reading, Music & Art

GRAB & GO

(Golden Tulip Addis Ababa Hotel)

011 6170740
Location, Bole Medhanialelem area, next to Mama's Kitchen, Known for caffè macchiato, cakes, pastries and bread types.
Open 7 days

HILTON PASTRY & COFFEE SHOP

011 517-0000 Ext 839
Known for: Must Have - Spectacular Cake Creations for Every Occasion
7 days a week

KALDI'S COFFEE

(Various locations)
0113714258
6 main locations: 2 around Bole Medhanialelem; Old Airport; CMC Olympia; Kaliti and many others
7 days a week

LIME TREE

(Bole and Kasanches locations)
011 663-0872 and 0911 200072
1/Kasanches Nigist building 2/Bole Road - behind Boston Spa Building
Known for: Healthy food and drinks, National and Continental Cuisine
7 days a week

LA PARISIENNE

(Various locations)
0911-514944/0118-681799
Bole Medhanialelem; Bole Airport ; Meskel Flower
Known for: French style bakery and cafe
7 days a week

MAMOKACHA COFFEE

0116685792
EU road across from Alexandria
Known for: Great Coffee and Waffles plus Brunch
7 days a week

MOYOS CAFÉ

0920242442
Around Atlas Hotel across from Yoly Hotel
Known for: Breakfasts and fresh juices
7 days a week

MUNCH GERMAN BAKERY

(Various locations)
0911 218534
Opposite Canadian Embassy, Sarbet; Kasanchis; Known for: German style bakery and cafe
7 days a week

NATANI CAFE

011 662-4753
Bole Road across from Millennium hall
Known for: Cheesecake
7 days a week

PURPLE CAFE

011 551-8886
On Bole Road, at Olympia
Known for: Ice cream
7 days a week

RAIZEL CAFE

0911 222043
Next to Cinema Empire
Known for: Cakes and Sandwiches
7 days a week

THE MARKET

(Hyatt Regency)
+251 115 171 207
Grab your freshly brewed Ethiopian coffee, tea, delicious pastries, bakery items and so much more at The Market.

TILLA CAFÉ

0946 701125
Kasanchis (across the street from Bambis)
Known for: Sandwiches, Smoothie bar with Healthy Food.
Mon- Sat 6am-8pm
Sun 7am - 7pm

TRYST CAFE, RESTAURANT & LOUNGE

0944 061818
Olympia Rd & Atlas in front of Shebta Lounge
Known for: Delicious Sandwiches and Great Coffee
7 days a week

TOMOCA

(Various locations)
011 111-2498
Off Churchill Road, on the same road as Book- World and Sarbet across from Canadian Embassy
Known for: Variety of coffee to buy or to drink
7 days a week

CONTINENTAL**ALL DAY DINING**

(GetfamHotel)
011-667-3175/78
Buffet Breakfast and A la Carte International salads, starters, soups, pizzas, pastas & Grills
7 days a week

THE CANTEEN

0904149676
Dutch and Continental Cuisine and Vegetarian
Gabon Street (behind Water- fall Hotel) near Meskel Flower
Call for Opening Times

LUCY LOUNGE & RESTAURANT

0911947115
Next to National Museum
Known for: National and Continental cuisine
7 days a week

VERRES EN VERS RESTAURANT

(Radisson Blu)
0982-0921-82 /0115-157-600
Kasanchis business district
7 days a week

ADDIS ABABA GOLF CLUB

0921734176/0911-573872
Old Airport opposite Swiss Embassy
Known for: BBQ on weekends
7 days a week

AMSTERDAM BAR & RESTAURANT

0911 516178/0118681725
Bole behind Friendship supermarket
7 days a week

BELVEDERE RESTAURANT

0912 639280
Between Bob Marley's former roundabout and the new stadium
plus Deli in Kasanches (side road to ECA)
Known for: Italian, European and Mediterranean
Closed on Mon

CHANOLY SMOOTHIE & NOODLES

092 734 9509
behind bole medhanialelem in front of yego church right turn from Friendship hotel
known for:- Noodles

CENTER POINT REVOLVING RESTAURANT

(InterContinental)
0115505066
Kasanchis
Known for: Buffet European Cuisine - set price menu
7 days a week

CHOMA GRILL

090 206 0708
Sare Bete in front of Besrat FM
Open 11AM Closes 9PM
7 days a week

FIVE LOAVES BISTRO AND BAKERY

0913 576818/0911222976
Aware round-about, towards Meganagna
Known for: Deli, pastries and sandwiches

GAZEBO (Hilton)

0115170000
Ext 953
Outdoors dining beside the pool
Known for: All Week dining plus Sunday Brunch
7 days a week

GOJO RESTAURANT

0911202821
0115-521099
Bole Dembel Building 1st fload
Closed Sun

HILL BOTTOM ADDIS

0118964670/69
Ayat Roundabout
Known for: Brick oven pizza and child friendly environment
7 days a week

KORMA GRILL

090 588 8888
0905787878
Bole Rwanda Embassy around Ankober Guest House
Closed Wed

LES ARCADES

(Sheraton Addis)
0115171717
Ext.6604
Known for: Gourmet Cuisine
Closed Sun

MAMA'S KITCHEN

0911222133
0930099356
Behind Birahane Adere building and Welo safer Dani Plaza building 1st floor
Known for: Grills
7 days a week

OAK RESTAURANT

01114-674000
Dreamliner Hotel Meskel Flower area
Known for: European, Continental, and local dishes
7 days a week

PEACOCK BAR AND RESTAURANT
0911222637
Opposite side of old peacock
Behind bole printing press
Known for: beef and chicken stake 7 days a week

TEMPTATIONS (Sheraton Addis)
011 517-1717
Ext.6067
Known for: International cuisine 7 days a week

SUMMER FIELDS (Sheraton Addis)
011 517-1717
Ext.6089
Known for: Hamburgers, buffet and ice creams 7 days a week

SKY STEAK HOUSE
011 467-4000
Dreamliner Hotel
Known for: Steak 7 days a week

SPICE RESTAURANT (Golden Tulip Addis Ababa)
0116170740
Ext: 1402
Bole Medhanialalem Church Area
Known for: Seafood Cuisine and International Buffet 7 days a week

TOP VIEW
0116511573/77
0911100155
Up the hill from Megenagna Roundabout, Asmara Road
Known for: Pasta/Continental dishes

VERRES EN VERS RESTAURANT
011 515-7600 Ext. 3427
Known for: Buffet and à la carte dishes French Brasserie style 7 days a week

ETHIOPIAN

2000 HABESHA CULTURAL RESTAURANT
(known for regional dancing)
0116-182253/58
In front of Atlas hotel
Call for opening hours

DASHEN TERARA TRADITIONAL RESTAURANT
(one of the oldest traditional restaurants relocated)
0932 513395 / 0115541437
Aware, across from Meles foundation compound
Call for opening hours

EROS ADDIS FUSION RESTAURANT & LOUNGE
011 6684444
Cape Verde Street/
Mikey Leland Street
3rd Floor Rakan Business Center
Known for: Fusion, Ethiopian, African 7 days a week

KATEGNA RESTAURANT
0911126460
Bole Cameroon Street side of Sky light Hotel & Bole medhanialalem Behind Medhanialalem Church
Call for openings

YOD ABYSSINIA RESTAURANT
(known for regional dancing)
011 661-2985 / 011-372-0607
Bole Medhanialalem behind Brass Hospital and Old Airport
Call for Openings Closed Mon

FRENCH

LOUVRE HOTEL RESTAURANT
0116187755
0911919382
Togo Street, on the road below British Embassy, across from Misrak Technical School.
Known for: French food 7 days a week

GERMAN

Beer Garden Inn Restaurant
0116182595/91/
Behind Edna mall
Known for: Home brewed beer and European Dishes Closed Mon

GREEK GREEK CLUB
0115530485
Off Olympia Road, further down from Greek School
Known for: Moussaka, Souvlaki 7 days a week

ICECREAM

EMBWA CREAMERY
0911209838
Kera - in Sishu compound & Carl Square Tivol Restaurant
7 days a week

FUNLICIOUS ICE CREAM DISTRIBUTORS
0944 739463 or 0984 715264
Dembel City center basement no 10A

GELATERIA ICE DREAM
0929 902810
Lebu Commercial Center
Known for: Using ingredients from Italy and Vegan Icecreams 7 days a week

IGLOO ICE CREAM
0944100323
2 locations: Olympia and Japan embassy
7 days a week

TUTTO GELATO
092 9923503
0944349495/96/97/98/99
Bole Atlas, Sare bête, Guredshola centery mall, CMC Michael & DZ kuriftu

INDIAN

JEWEL OF INDIA
0911 20-0230/ 011 551-3154
Off Bole Road from Olympia, towards Meskel Flower Hotel
Known for: South Indian food and Indian sweets 7 days a week

NAMASTE ADDIS THE INDIAN RESTAURANT
0904139838
0926102455
Behind Bole Medhan Alem
On the way to Moenco Opposite to Hub Hotel Addis Ababa
Known for South Indian dishes such as dosa, idly, pongal, vada, etc. 7 days a week

OM INDIAN BISTRO
0944 443344
Mohan Plc, Mohan Block | Off Zimbabwe Street
Known for: Vegetarian Indian food 7 days a week

SANGAM'S
(Oldest Indian restaurant in Addis)
0911214183
0953407297
Behind Bole Printing press 7 days a week

SHAHEEN (Sheraton)
011 517-1717
Ext.6098
Known for: Live cooking and delicate Indian flavors 7 days a week

COT HOTEL
Megenagna, 24 Kebele, in front of Kokeb Bldg
0116686492/ 0970717471

ITALIAN

ABUCCI
0912 501828
Atlas Road | Bole Tele Behind the two tall buildings still in construction about 30 meters
Known for: Home made pasta modern cuisine Closed Sun

ANTICA BAR & RESTAURANT
0116634841
0116615815
0911225019
Off Bole Road, near EU Delegation
Known for: Brick oven pizza and African dishes 7 days a week

AVANTI ITALIA RESTAURANT
0911 522660
Bole - near Millennium Hall behind Ambassador Hotel
Known for: Italian food Closed Sun

CASTELLI
(Oldest Italian restaurant in Addis)
011 157 1757
011-156-3580
The oldest Italian Restaurant in Addis
Off Piazza Arada Road, opposite Mahmoud Music Shop
Known for: Pasta, grilled fish, chicken and salads Closed Sun

CLUB JUVENTUS
0115516464
0911219729
Behind Meskel Square
Known for: Italian, European 7 days a week

GARDEN COURT BAR & RESTAURANT (Hibir)
0116620922/23
Bole in front of Alem Building

MAMA MIA ITALIAN RESTAURANT & BAR
0929002218
Beside Meles Foundation Kazanchis
Known for: Home made Pasta Closed Mon

DOK RESTAURANT
0912 50 3281
Cameroon St
Known for: Italian 7 days a week

GUSTO RESTAURANT
0963101010
Kasanchis side of Elilly Hotel Nigist Building 1st floor
Known for: Italian food
7 days a week

LINDA RESTAURANT
0911219729
Inside Juventus club Meskel square
7 days a week

SAVOR ADDIS
0116670656
Bole -near Atlas Behind 2000 Habesha 7days a week 24 hours open

TRATTORIA GUSTO
0973101010
Megenagna, Sileshi Sehin Bldg, 4th Flr.
Known for: Italian food

M.C. WINE BAR GRILL & PIZZERIA
0911 253265
In the Juventus Sport Club, Meskel Square area
Known for: Brick Oven Pizzas, Steaks, Salads
7 days a week

MIDDLE EASTERN/ MEDITERANEAN

FUSION BISTRO
0910-005151
Bole across from Saro Mara Hotel
Known for: Mediterranean and Asian Dishes
Closed Sun

ALADDIN RESTAURANT
011-661-4109
Off Bole Road.
Near the Japanese Embassy's Residence
Known for: Grilled meat, hummus, tabouleh
Closed Sun

BATI AL MANDI
0911518903
Mikey Leland/ EU Street - across from Yoli Building
Known for: Middle Eastern food
7days week

KATEGNA RESTAURANT
0913552762
0911126460
Bole medhanialem intrance building ground floor

PEPPER & SPICE RESTAURANT
0115184600
Known for: Mediterranean inspired cuisines
7 days week

THE KITCHEN (Hyatt Regency)
Inspiring a happier & healthier life style, The Kitchen is a Middle Eastern restaurant where breakfast, lunch and dinner are served.
Timing: 6AM -10PM
+25115171205

PIZZA

BELLA PASTA & PIZZA
0911380606
Bisrate Gebriel Infron of South Africa embassy
Mokodo Pizza
091 143 9524
Bole Airport Next to aviation School
Closed Thu

ROMINA
0911 214335
Arat Kilo Known for Pizza 7 days a week

EFOOII
0118493647
Mikey Leland Street (and various other locations including Kasanches and Sarbet) Known for: Unique styles of pizza
Late night 7 days a week

YUMMY PIZZA
0911472598/0911220100/ 0911602639
On Bole Road to Japan Embassy
Known for: Home delivery (around Bole)
7 days a week

TURKISH

ISTANBUL RESTAURANT
0910174728
Bole Edna mall near Ukraine Embassy
Known for: Turkish food
7 days week

PAMUKKALE TURKISH RESTAURANT
091 096 4530
Addis Ababa Behind Millennium Hall
Known for: Mediterranean, Turkish, Middle Eastern
7 days week

NIGHT LIFE / BAR

CASCARA COFFEE & COCKTAILS (Hyatt Regency)
+25115171203
Enjoy coffee-flavored cocktails and gourmet bites.

GANGNAM BEST KOREAN RESTAURANT
-0939117538/ 0944166490
-Middle of Rd.Bolehomes -K.F Kimchi,Korean style chicken

ADOT TINA HOTEL
ADDISSINIA HOTEL

ALEXANDRIA HOTEL

ATLAS HOTEL

BEST WESTERN PLUS ADDIS ABABA

BOLE AMBASSADOR HOTEL

CAPITAL HOTEL

DAMU HOTEL
011-5509828/29/35

DESALEGN HOTEL /ATLAS/

DESALEGN HOTEL /BOLE/

DIAMOND HOTEL

DREAMLINER HOTEL

GRAND ELIANA HOTEL

ELILLY INTERNATIONAL HOTEL

ETHIOPIAN SKYLIGHT HOTEL

FRIENDSHIP INTERNATIONAL HOTEL

GHION HOTEL ENTERPRISE

GOLDEN TULIP HOTEL

GLOBAL HOTEL

GETFAM HOTEL

HARMONY HOTEL

HYATT REGENCY

HILTON HOTEL

HOLIDAY HOTEL

HOTEL LOBELIA

INTERCONTINENTAL ADDIS HOTEL

JUPITER INTERNATIONAL HOTEL

KALEB HOTEL

KZ HOTEL

MADO HOTEL

MARRIOTT EXECUTIVE APARTMENTS

MONARCH HOTEL

PANORAMA HOTEL

PLAZA HOTEL

QUEEN OF SHEBA HOTEL

RADISSON BLU HOTEL

RAMADA ADDIS

RAS AMBA HOTEL

RIVIERA INTERNATIONAL HOTEL

SABON HOTEL

SAREM INTERNATIONAL HOTEL

SHERATON ADDIS

TIRAR INTERNATIONAL HOTEL

THE GRAND PALACE ADDIS SUITES HOTEL

UGBAAD HOTEL

HOTELS

011-4673939

011-662 3634

0911103857

011-6187432/34

011-6671414

011-6675235

011-6188284

011-6672100

011-6192000

011-6624524

011-6183030

011-6160916

0967141414

011-4674000

011-1262600

011-5587777

011-5586402

011-6 818181

011-6 670202/04

0911 713 396

011-5513222

011-6183333

011-4664766

011-667-3175/78

011-6183100

011-5171234

011-517-0000

0911238457

011-661-2081

011-6673850

0911182463

011-5180444

011-5505066

011-557 1078

011-6622200

011-662-1677

011-6611206

011-6393044

011-5184600

011-6672480

/81/82

011-6616070

011-6612200

011-6180000

011-6188281/82

011-5157600

011-6393939

011-122-8080/81

0116 39 35 35

0111262076/86/88

0115171717

011-122-8080/81

011-5577152

011-5 577154

0980626262

0116393793

0116393345



REFENTI



ABOUT REFENTI

Refenti is a mixed-used building situated in Bole Bulbula, one of the fastest-growing residential areas in Addis. With the finalization of the new road, Bulbula is less than 10 minutes away from Bole. Refenti represents grounded classic values with modern relevance that will endure the test of time.

It is a space that embodies a design representing spirited life - creating a vibrant social hub. Our commercial space particularly will represent a lively, forward-thinking curated space that is amenity and service-rich.

COMMERCIAL SPACE FOR RENT



+251 903 00 22 33



BOLE BULBULA

VISIT OROMIA TOURISM AWARD FOR WILDLIFE.

Congratulations to Aziz Ahmed for contributing to tourism transformation in the Oromia region, recognised as the Best Wildlife Photographer 2021. His wildlife odyssey began at a very young age; a journey that was to become filled with passion, sacrifice, courage, and hope. From the age of four Aziz often used to accompany his father on hunting trips in the wild. By age 18 he landed his first job as a Rift Valley safari-hunting guide where he worked for some years. Aziz then started his journey in videography & photography primarily from capturing moments and events of the wildlife of Ethiopia as he encountered them. His journeys and exploration have covered most of the country and along the way he has taken thousands and thousands of bird photographs including many endemic birds, plus numerous photos depicting cultural events, historical sites and his particular passion of wildlife and their natural habitats.

His passion for wildlife photography and filmmaking quickly began to take root so much so that he had to sell his personal automobile in order to buy a state of the art camera. With this camera he started taking still photographs of birds and wildlife, which then evolved into filmmaking. Aziz has shot and produced several wildlife documentary films.



Aziz has worked as a freelance photographer and filmmaker with numerous national and international organizations including Ethiopia Wildlife Conservation Authority, the Ethiopian Ministry of Culture and Tourism, Horn of Africa Regional Environment Centre and Network, and with National Geographic Africa.

Aziz is eternally indebted to the wildlife of Ethiopia. He knows the only way he can repay the wildlife is by aiding them in the protection of their habitats working with other respected local and international organizations to conserve them for the next generation. All his work is in honor of and respect for the incredible and diverse wildlife of Ethiopia. Aziz is keen to instil a sense of awareness about the essential necessity of conservation and preservation as well as an appreciation and respect for the animals and birds of Ethiopia to be around in abundance for generations to come.

Aziz Ahmed wildlife photographer and filmmaker
Instagram: Ethiopian Wildlife
www.ethiopianwildlifephotographer.com
YouTube: ETHIOPIA Wildlife by Aziz AHMED
Azizahmedbirdman21@gmail.com
0911062121



DOK RESTAURANT.

By: Rachel Berhane

What makes DOK feel like a favorite little neighborhood restaurant. And it's in the middle of Bole Medhanialem Church and Yogo church, not in a residential neighborhood. Yet once you take a seat outside or inside, the place feels genuinely cozy. Better yet, the warm welcome at the door and the service by experienced people who embrace hospitality makes you feel happily at home. DOK has become one of my go-to places when I want to entertain people in a homey -best ambiance with good food, dependable service, fine Italian wines—and at moderate prices. It's consistent, and there are few places that can make that claim in our local restaurant scene.

The menu offers familiar Italian food (choices include lasagna, gnocchi, cotoletta di pollo, carbonara and different kinds of pizza) offering a variety of options as well as local wines and cocktails. You can enjoy house-made focaccia and a crispy pita bread with spiced olive oil and green hot sauce while you're perusing the extensive menu.

The Dok Restaurant will open soon another branch at the old Top View location and What's Out wish them the Best of Luck for the rest of the year.

For more contact on Dok Restaurant
Marco 0946681419



GIRLS TAKE OVER GLOBAL MOVEMENT FOR CHANGE ■

Hana Kidane (19) is an Ethiopian activist fighting for social change and climate justice. Recently she went to the Embassy of Sweden in Addis to assume the position of Ambassador Hans Lundquist as part of #GirlsTakeOver to commemorate the International Day of the Girl. The Embassy of Sweden and Plan International Ethiopia organized GirlsTakeover to promote girls' potential as leaders while also highlighting gender issues.

Hanna met with the Ambassador and discussed important issues such as gender equality and climate justice, both of which she is very passionate about. They discussed Sweden's role in promoting gender equality in various initiatives, as well as Sweden's contribution to protecting the environment and preserving biodiversity.

In her role as acting Ambassador Hanna met the various heads of sections and led program staff through an insightful presentation on ClimateChange and its impact on women. She also expressed her desire to capitalize on her experiences to address issues such as girl's education and land rights, with a special focus on rural girls and women. Hanna will also write a letter to the Swedish Foreign Ministry outlining the improvements she would want to see in Ethiopia, particularly in the areas of gender equality and climate justice.

GirlsTakeOver is a global movement calling for social and political change to break down barriers and discrimination that continue to hold girls back. Girls participate in the movement by occupying spaces where they are rarely seen or heard, demonstrating that they have the right to be there without being silenced or disregarded.

Source: Embassy of Sweden

#GirlsTakeover, #InternationalDayofGirl,
#FeministForeignPolicy, #DriveforDemocracy

I AM BLOOMING FROM THE WOUND WHERE I ONCE BLED. ■

By: Heran Tadesse

Like the poet Rumi once said:
~ 'The wound is where light enters' ~

As an Ethiopian repatriated adoptee, I faced many issues like other diaspora do, with uprooting, reintegration and the need to belong. However, because of my culture and language barriers, I am still often viewed as a foreigner at 'home'. Hence, I often feel misunderstood. The negative branding of Ethiopia in the media, added to low self-esteem. The victim and scarcity mentality have been much more of a hurdle than any other life challenge... Childhood trauma and the stories we identify with sub-consciously, end up controlling our lives and withhold us from reaching our full potential. The steps below continue to contribute to my healing journey.

1. Expand in gratitude

Pain can take a toll on your mind, emotions, immune system and finances. Support your healing process, but do not get identified with the pain. There is more to you than an experience. Constantly talking about a negative situation, gives it more power. Focus in gratitude to expand the positive.

2. Use the elements

Take your power back by engaging in routines that help you feel nurtured. To de-stress, nature is highly effective. Ground your energy by practicing yoga on the grass. To purify, shower in spring water. Breathe deeply to center. Try early morning sunbathing to recharge. Figure out what makes you feel good... and just do it!

3. Reprogram and Focus

It's important not to get your value, wrapped up with your financial status, educational level, language skills or exposure. It's essential to celebrate your uniqueness. To rewire, meditate and write a list of what you want and can do NOW, with the resources at hand. Count your blessings. Repeat positive habits for 21 days to normalize.

4. Dream Big.

Keep your eyes on what you want to see manifest! Realize that the rat race is not the most sustainable path. Rethink what you really want in life. Don't shrink yourself. Let your setbacks become your divine stepping stones to dream bigger and better!



BYE BYE WRINKLES!

Wrinkles, fine lines, and pigmentation usually start to appear after the age of 30-35. One of the biggest factors when it comes to aging skin is when it becomes dry and dehydrated. Skin that is not properly moisturized doesn't bounce back as quickly and develops lines and wrinkles over time.

Shea butter is an anti-aging powerhouse. It is made up of a fatty acid profile similar to that of your skin, so the hydration is able to penetrate the skin more deeply. Shea butter can be used both day and night without making the skin look greasy. Ethiopian Skin Beauty Secret is a start-up business specializing in hand-made organic beauty products: herbal soaps, hair, treatments, lotions and much more. Ethiopian Skin Beauty Secret, ESB was founded In 2012.

phone: 0911459537

Email: yordanosgoushe@esbsecret.com

www.esbsecret.com and on Facebook

ADDIS ARTS ALIVE.

*Interview with Heddo Siebs, Cluster
General Manager of Hyatt Regency
Addis Ababa*

By: Edom Belete Habtegebriel

Addis ARTS Alive (AAA) is a contemporary arts initiative organized by Hyatt Regency Addis Ababa and Prologue BCW in 2020, with the aim to revitalize the art community during and after COVID-19. Several exhibitions are held annually to celebrate some of the most dynamic artists in Addis Ababa. We had a brief interview with Mr. Siebs about this initiative.

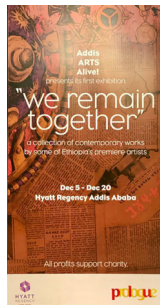
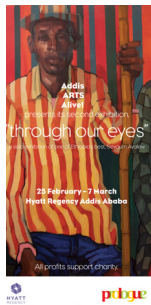
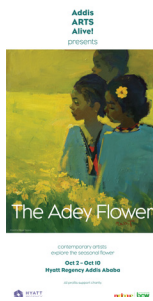
Q: How was the Addis ARTS Alive Initiative started?

Heddo: Due to COVID-19, many galleries were closed and big art shows were cancelled. I met with my friend, Yasser Bagersh, and we both agreed to somehow support those artists. If you look at our hotel, it's quite spacious and could allow people to look at art pieces, providing artists with a platform to make a living, as the hotel is conducive, having enough guests. Therefore, we wanted to share this good fortune with as many artists as possible. That is how the Addis ARTS Alive Initiative started.

Q: So far, with only four exhibitions, the initiative has supported 37 artists. How does that make you feel?

A: It is a win-win situation we have here. Occasionally, when artists put on a show at the hotel, it gives the hotel guests an opportunity to enjoy beautiful art or to make a purchase. Actually, I am also one of those people who collected a few pieces. It is good that we can share and not be ignorant by taking everything for granted. For us, sharing and helping the artists make the most out of our busy hotel is great.

Q: We see #hyattloveslocal on the brochures of the art exhibition. Could you tell us what it means?



A: "Hyatt loves local" stands for our support for the place where we are located, whether we are in Addis or New Delhi or somewhere else in the world. It is important we are not only perceived as a foreign five-star luxury hotel brand. We're actually part of the community. What we do in our restaurant is we incorporate local concepts that reflect the culture of Ethiopian guests at our hotel, and we also support local farmers and local products. We don't have to import everything. We look around for local products. These do not stop with food and beverages. It is also with other things like napkins, baskets, etc...We are open-minded, and our owners support us in these aspects. We also have Yenegewb bazaar, which promotes local artisans, and the hotel also collects and displays art works of well-known Ethiopian artists. We also work in collaboration with schools and NGOs to bring us closer together. We are part of the community.

Q: What would you like to add?

A: I would like to thank Yasser and Edom because they do the hard part of curating the artists' works and putting the exhibition together, and the engineering team of the hotel as well who put the art works on display.

On behalf of the artists' community, I would like to thank Hyatt Regency Addis Ababa and Prologue BCW for their support, as well as Mr. Siebs, for giving us a brief insight into the initiative. We would like to use this opportunity to remind our readers that the next exhibition will be held on December 4 to 19, celebrating the masters of Ethiopian contemporary art.

BEFORE BUYING YOUR BRAND NEW CAR ...CHECK...

These issues with your dealer, auto mechanic and auto consultant.

1. Check for spare and free accessories

While buying a brand new car you will receive more free accessories than used cars so, consider these accessories and enjoy your bonus. Seat cover, Battery, Alloy wheels, Number plate, Jack Toolkit.

2. Check interior parts

While checking your car get in to the car and check your car roof, sunlight protector, control mirrors, dash board and dash board lights, internal door covers, seat covers, air-conditioning controls and electrical controls.

3. Check exterior parts and bent the your car

Your car is very new but there may still be scratches on the body from poor maintenance. So, please check all round the body structure including the lower part for welded joints, bent structures, modification works and other alignment issues.

4. Check under the hood

The main part of the vehicle is located in the hood engine, transmission, ABS, ECU and lot of sensors so check for any modifications, leakages and bad repair signs related to the car systems.

5. Test the engine using OBD2 and physically

Your car ECU may store or freeze some trouble codes and the invisible chemical, electrical, and mechanical properties of the car so be sure to check your scanner and the physical appearance of your vehicles heart.

Dawit Tedela
Dave auto light vehicles mobile garage
0913628231/0919847074
dawit.tedela98@gmail.com



PARTNERSHIP TO END THE SUFFERING OF ABANDONED ANIMALS.

Elnet Foundation and Brooke Hospital for Animals in Ethiopia signed an MoU on their joint cooperation commitment to enhance Equine Veterinary care in Addis Ababa through a High Quality Mobile Veterinary Service Clinic, Community Animal Welfare Advocacy and Equine Euthanasia.

This specific MoU focuses on areas of cooperation between Elnet Foundation and Brooke to collaborate with each other to end the suffering of horses, donkeys and mules abandoned or otherwise in need of sanctuary care or treatment services at the hands of their owners. Elnet Foundation has a plan to establish one mobile veterinary clinic for prevention and treatment work, as well as humane euthanasia of severely ill equines. This will be a pilot initiative for Elnet Foundation. Elnet Foundation does not implement programmes of its own but is through this Memorandum of Understanding working with Brooke to explore the possibilities of implementing this project together. Brooke has vast experience and experts required to execute such an initiative. Currently, Brooke is running several animal welfare initiatives, including the construction of animal clinics in several locations across Ethiopia, as well as community sensitization and training programmes and a euthanasia program in Addis Ababa for abandoned and severely ill equines.

Animals are part of our lives, whether they live in the nature or at farms, in the city or in our homes. Their wellbeing affects us in various ways; through their labour contribution among the working equines; through their contribution as farm animals, through their companionship as pets, and even as tourism attractions as wildlife. When animals are suffering, our ecosystem suffers. The large number of abandoned equines, both horses, donkeys and mules alike, face the likelihood of spending their final years abandoned on the road side, having to fend for their own survival by eating scraps, finding grass and water on their own and having no one to care for them when they get sick or injured.

+251977218877

info@elnetfoundation.com

THIN CRISPY FOCACCIA

Thin Crispy Focaccia or better known in Italian as "Sciacchiatine Croccanti", is one of those addicting breads/ pizza that you always wish you made double because you will be fighting over the last piece.

Thin Crispy Focaccia, an easy, crunchy Italian recipe, sprinkle it with your favorite seasonings. A perfect accompaniment to soup, stews.

Course antipasto

Cuisine Italian

Prep Time 20 minutes

Cook Time 10 minute

Total Time 30 minutes

Servings 5 people

Calories 206kcal

Ingredients

- 1 1/4 cups flour (150 grams)
- 1/3 cup semolina flour ** (50 grams)
- 2 tablespoons olive oil
- 1/4 teaspoon salt
- 1/4 cup + 3 tablespoons water (96 1/4 grams)

Instructions

1. In a medium bowl whisk together flours and salt, then add oil and water, combine until almost united then move to a lightly floured flat surface and knead for approximately 10 minutes, until smooth, form into a ball, cover with plastic bowl and let sit 30 minutes.

2. Pre-heat oven to 450°. Lightly grease 2 large pizza pans.

3. Divide dough into 5 - 6 balls, using your fingers (or rolling pin) form balls into round thin flat circles, (keep extra dough balls covered while forming one ball at a time). Place on pizza pan and brush circles well with olive oil and sprinkle with Italian seasoning, oregano, basil, freshly grated Parmesan cheese, rosemary, coarse salt or a mixture. Bake for 10 minutes or until golden. Let cool or eat warm. Enjoy!

Lime tree

DON'T FORGET TO GET YOUR FAMILY CARD

Lime tree

Family Card

Recieve 5% - 10% discounts on all your purchases



ART INSTITUTIONS GALLERIES IN ADDIS ABABA

CULTURAL INSTITUTIONS		MUSIUM	
	CHILOTA STUDIO 011 5170000 0911227294		
ALLIANCE ETHIO-FRANCAISE 011 1 569893/92	COLOR ART STUDIO 0911 927525 0913 841406	MUSEUMS INSTITUTE OF ETHIOPIAN STUDIES (IES)	0 011 1231068
BRITISH COUNCIL 011 6620388	DAWIT GERESSU ART STUDIO 0911729608	THE MODERN ART MUSEUM/GEBRE KRISTOS DESTA CENTER	0111221469
ETHIOPIAN VISUAL ARTISTS ASSOCIATION 0911 646862 0911 711369	ETHIOPIAWE ART STUDIO 0911 888783		
DEPT. OF FINE ARTS & DESIGN (AAU) 011 1232834	DESTA HAGOS ART STUDIO 011 5537823 091 1206868	CLASSES ENLIGHTENMENT ART ACADEMY	091 1209246 091 1214892
FRENCH CENTRE FOR ETHIOPIAN STUDIES 011 1234767/68	ERTALE ART STUDIO 091 1687256 091 2728888	EALLAZ INTERNATIONAL DANCE STUDIO BOLE REWANDA	011 6638198 091 1412171
GOETHE INSTITUTE 011 1242345/46	FEKADU ART STUDIO 091 1428490	HIOWT PIANO CMC ROAD	0911 218053
INSTITUTE OF ETHIOPIAN STUDIES 011 1119469	GEBRE KRISTOS TRADITIONAL ART GALLERY 091 1634755	GUITAR PRIVATE LESSON	0911 461025
ITALIAN CULTURAL INSTITUTE 011 1113655 011 1553427	GENNA ART STUDIO 0911823300	LATINO DANCE CLASSES ROCK BOTTOM GYM	091 1639332
RUSSIAN CENTRE FOR SCIENCE & CULTURE 011 1551343	GIGI'S AFRO-ASIAN DESIGN 011 5155588 0912200437		
BIRHAN CULTURAL CENTER 0911 507304	GOSHU ART GALLERY 0911 214352	MUSIC TRAINING PIANO TO ALL LEVELS BY SEBLE ABERU	091 1606479
CINEMAS	HARMONY ART STUDIO 091 1106119 091 1645699	MELODY MUSIC SCHOOL MODERN AND TRADITIONAL MUSIC INSTRUMENT TO ALL LEVELS	091 1409012 011 1579130
ALEM CINEMA 011 6636718	IMAGE AFRICA STUDIO 091 1658371	PIANO LESSONS BY TIGIST	091 1639241
AMBASSADOR THEATRE 011 5537637	JO ART STUDIO 091 1645699	PIANO AND MASINKO CLASS BY ALEMAYEHU TIBEBU	091 1629739 011 6189732
CINEMA EMPIRE 011 1565029	LAPHTO ART GALLERY 0939-712314	PIANO AND MASINKO CLASS BY SARON GETTIYE	091 447998
EDNA MALL 011 661 6278 661 6869	LELA ART GALLERY 0911 30 07 56 011 6535506	SALSA AT ALIZÉ DANCE CLASSES AT CLUB ALIZÉ	091 188 2287
THEATRES	MEDI STUDIO & GALLERY 091 1613196 0911 234265	VOILA FRENCH LANGUAGE ACADEMY CONTACT BENIAM ZEWDIE	091 2075115 011 6183738
CHILDREN & YOUTH THEATRE 011 1128603	MESMER ART STUDIO 091 1646862	TULSI YOGA BEHIND RAS AMBA HOTEL	0930-033414
CITY HALL 011 1119820	MAKUSH GALLERY 011 552-6848 011 5526855	HAPPYOGA WELLO SEFER TK (ELSA) BUILDING 4TH FLOOR	0913280088
HAGER FIKER 011 1569189	NETSA ART VILLAGE 091 1941678 0911760963	USEFULL TELEPHONE NUMBERS	
MEGA AMPHITHEATRE 011 5518870	OMNA ART GALLERY 0911 65 52 39	FIRE BRIGADE TELECOMMUNICATIONS INFORMATION	912
NATIONAL THEATRE 011 5514577 011 5514500	PANACHE ART GALLERY 0912-200444	INTERNATIONAL CALLS	994
NOHE THEATRE 011 1112175	PALETTE ART GALLERY 0912 485342 0977092291	MOBILE THEFTS	0115506010
NESIR THEATRE & PROMOTION 011 6630908	SAL INTERIOR & GALLERY 091 1238696	WAKE-UP CALLS	999
GALLERIES	SALEM JEWELRY 0116 185604	ELECTRICITY TECHNICAL SERVICES	905
ABESHA ART STUDIO 091 1415258 091 1469371	SEIFU ART STUDIO 0911 711369	WATER + SEWERAGE AUTHORITY	011 1116334 011 1550922
ADAM ART STUDIO 0911632620	ST.GEORGE INTERIOR DECORATION & ART 011 5510983 8103 091 1201097	POLICE INFORMATION CENTR	991
ADDIS ABABA ART STUDIO 091 1116531	SUZANNE'S GALLERY 091 1616814 011 3724581	RED CROSS	0115150608 0115159074
ADDIS ART STUDIO 091 1619416 091 1888783	TADESSE WOLDE AREGAY ART STUDIO 0938 543813	AMBULANCE CLINICS	907
ADDIS FINE ART 0913 426553 0966913222	TALISMAN GALLERY 0946 650680	ADDIS TANA HIGHER CLINIC ADWA CLINIC	011 8630661 011 1563085
AFRO SUN ART STUDIO 091 1147156	YACOB ART STUDIO 0911398787		
AMANUEL ART STUDIO 091 1672479	TENESHUA ART STUDIO 0912202218 0965199332		
ARTISTIC GLASS CENTRE 0115518400 ext.632 091 1203965	YEGNA ART STUDIO 091 1711692		
ASNI GALLERY 0111233244 0911206697	YONAS MILLION ART STUDIO 0912600780		
BB BEHAILU ART STUDIO 0911401308	ZOMA CONTEMPORARY ART CENTER 0911 249374		

HEALTH SERVICES

CLINICS

AFRICA HIGHER CLINIC 1 AMERICAN MEDICAL CENTER 011 2751360
0116678000 /04/07
0919198287

BETHZATHA CLINIC 011 5514470
011 5533453

BLUE & WHITE CLINIC 011 6616229

BROOK CLINIC 011 5513435
011 5515151

CHILDREN'S CLINIC 011 3711515

CHRISTINA CLINIC 011 5152020

DR JONATHAN BANES CLINICAL PSYCHOLOGIST 0910 0716 84

ETHIOPIA HIGHER CLINIC 011 1550088

FUTURE INTL CONSULTING 011 2770064

ICON CENTER OF SPECIAL SURGERY (DR. TEWODROS) 0911-864672

INTERNATIONAL CLINICAL LABORATORIES 011 5529252

MARTI SPECIAL DENTAL CLINIC 011 6181262

SAINT GABRIEL GENERAL HOSPITAL DENTISTRY 0911-31-6012

PEDIATRIC CLINIC 0921 787120
0115514696
091 1237410
011 5536074

RANK CLINIC (DERMATOLOGY) 0115535530

SANTE MEDICAL CENTRE 0115535530

SENAI CLINIC 0114668629

SUN OPTICS SPECIAL EYE CLINIC 0111567576
011 4 672047

SUISSE CLINIC 0111242295/94

SUNSHINE CLINIC 011 3710768

SWEDISH CLINIC 011 1112198

T/HIMANOT HIGHER CLINIC 011 1572435

TESFA MAJOR POLY CLINIC 011 1570232

WGA SPECIALIZED VISION CLINIC 0931 52 09 52
011 618 01 86

ANIMAL CLINICS

BETHEL VET CLINIC 0911 665830

CASA-INCIS CLINIC 091 1210204

HAPS 011 6544756
091 1683002

SHALOM VET CARE CLINIC 011 6291877
091 1247335

OLD AIRPORT CLINIC 091 120 9993

MOBILE VETERINARY CLINIC 0911247355

P.S. HOME TOWN VETERINARY 0910 58 58 55

DR PATRICK'S ALL NATURAL PET FOODSTREATS & SUPPLEMENT 0946 799399

HOSPITALS

BALCHA 011 5513205

HAYAT 011 6624488

MCM MEDICAL CENTRE 011 6295420/28

ST GABRIEL 011 6613622

YEKATIT 12 0116623439

ST. YARED 0116454697 /04

INTL CARDIOVASCULAR 0114424680 /81

LAND MARK HOSPITAL 0115525719

ADDIS SPECIALIZED 0911243274

CARDIAC 0116634720

KADISCO GENERAL 0116298904/02

MCM KOREAN 0116-29-5421-27

LIST OF GOVERNMENT HOSPITALS AND CLINIC WHO HAS AMBULANCE SERVICE

BLACK LION HOSPITAL 0115511211

MENILEK II HOSPITAL 0111234272

YEKATIT 12 HOSPITAL 01115530 65/68

ZEWIDU HOSPITAL 0115518085

ST.PAUL HOSPITAL 0112750125

AMANUEL HOSPITAL 0112757715

GENERAL INQUIRIES: AFALAGI 8123
0930 033414

TULSI, AYURVEDIC MMESSAGE, YOGA AND WELLNESS CENTER, KEBENA, BEHIND RAS AMBA HOTEL,

PHARMACIES

ABBAY PHARMACY 011 3713298

GHION PHARMACY 011 5518606

GISHEN PHARMACY 011 6611717

LION PHARMACY 011 1551893

PELICAL PHARMACY 011 552 1790

RAAMCO PHARMACY 011 896 2925

Betel Funeral Arrangements 091 120 5731

Lebeza psychiatry Consultation
Dr Asmeret Andebirhan (MD, Psychiatrist)
+251-1183522929 +251-911348373
+251-947406511

GENERAL /INTERNAL MEDICINE :

Dr. Akeza Teame, US Board Certified Internal Medicine & Infectious Disease
Tele: 0116678000/04/07
St Yared Hospital: (011) -645-4697/04
CMC road around Daminafro Buiding

Dr. Abebe Desta, Internist: Brook Clinic Sar bet: - 011-3725861

Prof. Kebede Oli, Cardiologist & owner of Landmark Hospital
Land Mark Hospital 011-552-5463

PEDIATRICS :

Dr. Alan Karibian, Senior Pediatric Consultant (speaks Amharic well)
Pediatric clinic:- (011) 551-4696
Dreamliner hotel.*Near Mulushewa Sega Bete.

Dr. Mulu Abrham, M.D., General Pediatrics
Biham Clinic: - ,
011-4160 053, 011-476 0411

Dr.Yodit Enkossa- MD, General Pediatrics
The Cure Hospital:- 011-124-5404

OBSTETRICS/GYNECOLOGY:

Dr. Mekonnen Bekele, M.D., OB/GYN
ADDIS MATERNITY AND CHILDERN HOSPITAL 011-124-5345 OR 48

Dr. Samia Ibrahim, MD, OB/GYN
Kadisco General Hospital
Tele: -0116-298904 /02

DENTISTRY :

Dr. Tolu Duresa, Tolu Clinic (Haile Gebresillasse Road)
011-662 00 31

Dr. Tadesse Melaku - Ethio-Swiydesh Dental Clinic - Bole Road Awash Bank (NOVIS) building 1st Floor Office: -011 661 4932

Dr. Yahya Seid - Gojeb Dental Clinic - Piazza 0111 56 6521/ 156 6296

GENERAL SURGERY :

Dr. Abraham Asnake, General surgeon
Kadisco General Hospital, Medical director
Tele: -0116-298904 /02

Dr.Tewodros Messele Gedebou, General, Plastic and Reconstructive Surgeon and Reconstructive Microsurgery, Trained in US (Yale, UCLA), Certified by American. Board of Surgery ICON Center of special surgery. Around Imperial Hotel, 2 blocks past the NOC.gas station, turn left, tall building on the right.
Tele:-011- 8693194/0930 109751

OPHTHALMOLOGIST :

Dr. Fekade Mengistu, Ophthalmologist- Bole Eye Care Center: - 011-663 9405

Dr. Tliksew Teshome, Ophthalmologist and retinologist- Biruh Vision specialized Eye clinic 0116463977

on CMC Road in Ethiopian Athletics Federation Building, 1st Floor

Dr. Wondu Alemayehu, Ophthalmologist
Office phone- 0115159863
Located at the Dembel building.

DERMATOLOGIST :

Dr. Fuad Temam, Dermatologist, Fellowship in US, Director of ALERT hospital
Kadisco hospital: - 0116-298904

ENT SPECIALIST

Dr. Es-hak Bedri, MD., ENT-Surgeon,
Onthorio clinic: - 011-850-2473

PHYSIOTHERAPIST

Dr. Theodoros W. Gebriel
Doctor of Physiotherapy (US board Licensed)
Medical Director/General Manager
Paragon Physiotherapy & Sports Medicine
Specialized Higher Clinic

Paragon #1. 0116461108/22 or 0118608993

Paragon #2. 0113722829/30 or 0118623626

Fax: 0116461220

ORTHOPAEDIC SURGERY

Dr. Eric Gokken, MD - US Board Certified
Orthopaedic Surgeon
The CURE Hospital 011-124-5404

Dr. Richard or Daldner E Pearson MD - fellow of the American Academy of orthopaedic surgery MCM (Korean) Hospital
011-629-5729

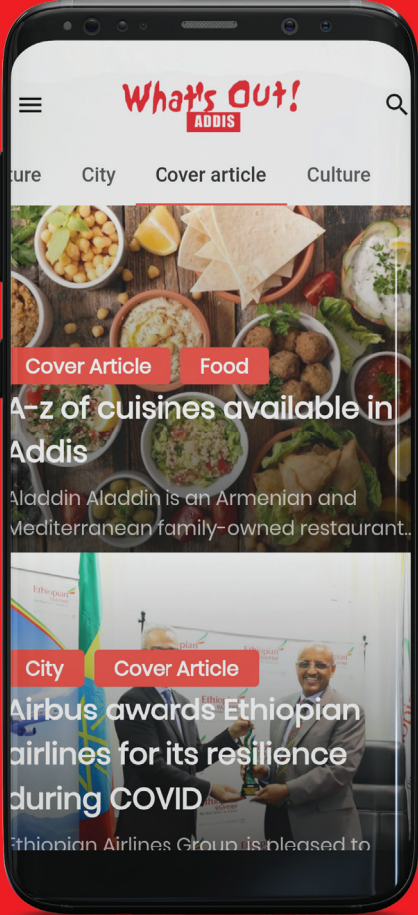
ORTHOPAEDIC AND TRAUMATOLOGY

Dr. Elias Ahmed Associate Professor. Fellow of College Surgeon of East, Central & Southern Africa. Dip. SICOT
Hayat Hospital
0116 624488

Lebeza Mental health consultation office
01183522929

AIRLINES	AREA CODES
BHW	011 6620815/16
EGYPT AIR	011 1564493/4
EMIRATES	011 5181818
ETHIOPIAN AIRLINES	011 6525666
FLY DUBAI	011 06670154
KENYA AIRWAYS	011 5518400
LIFTTHANSA	011 5515666/75
QATAR AIRWAYS	011 6627781/82
TURKISH AIRLINES	011 5515076
YEMENA	011 5515076
ADDIS ABABA	011
DEBRE ZEIT	011
DESSIE	033
DIRE DAWA AND HARAR	025
GONDAR	058
JIMMA	057
MEKELE	034
MOBILE	091
HAZARETH	022
SHAGHEMENE	046

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addis**



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